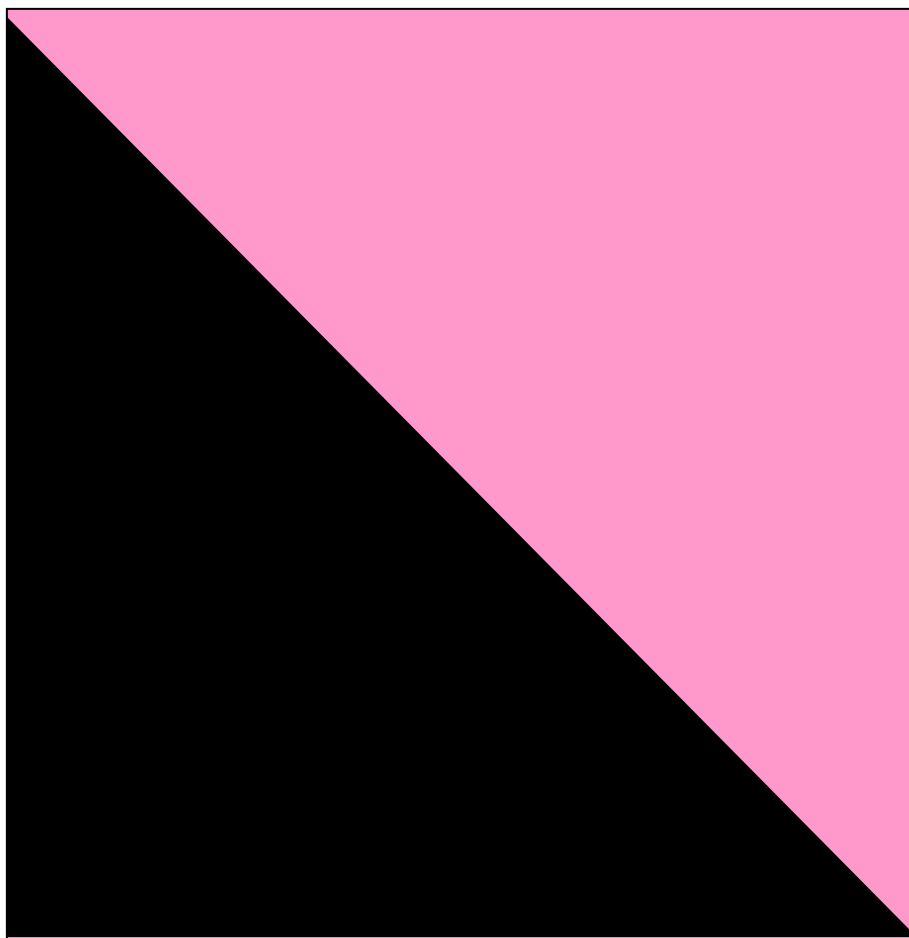


How we want to make love



Gunnar Björing

Boksidan

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It is said that sexual partners should talk to each other about their sexual preferences, to maintain a good sex life. Though there are risks associated with disclosing sexual fantasies or desires. Besides the most obvious risk that one may get hurt when realizing the other person is not satisfied, there is a risk that if the partner makes a request and it doesn't become as successful as in his/her imagination, a certain disappointment may appear.

In other situations in which two people who do not know each other have sex, there is sometimes no room for a discussion about each other's wishes before the intercourse. Then the choices that the participants do, will have a significant impact on if the intercourse becomes successful or not. Either way, the likelihood that the sexual proposals will be appreciated, if they are about things that people of the opposite sex usually like. But what do they like?

In order to, to some extent, spread the light in any darkness regarding this topic, eight people were asked to answer questions about their sexual preferences and all said yes. Four of them were men and four were women with an average age of 49 years (median: 47 years, min - max: 38-64 years) with different marital status, all of them have had at least one sexual partner. They were asked about how they would like it if they could wish for free, no matter what was the matter with potential partners and sexual activity for the moment.

The result of the first question in the interview confirms that many are bad at explaining how they would like to have sex. This since five of the eight participants answered no to the question: *Have adequately explained how you really want it in your sex life with your long-term partners?*

Nevertheless, as many thought that their sexual partner often has known how they wanted it, and they usually have known how the other person wanted it<sup>1</sup>. So further studies on the subject is perhaps unnecessary. Though according to the results from a survey on the Internet (YouGov, 2010), less than half (47%) are satisfied with their sex life. And according to psychotherapist, who is also an expert in the subject, Margaret Nordeman (Nordeman M, 1992), it is, particularly for women, often difficult to talk to their partner about their sexual needs.

<sup>1</sup>. The first of these questions was: *Do you think your sex partner (-s) have known how you want it?* Three responded yes, two responded *often*, and three *no*.  
The second was: *Do you think you normally have known how your/your sex partner (-s) wanted it?* And three answered yes, one *maybe*, one *often*, and three *no*.

## Where?

I have, from many different sources heard, both jokingly and seriously, that women want long sex acts with prolonged foreplay while men prefer quickies. Though in real life I have not noticed that women are so categorical, some quickies in the kitchen have been more appreciated than traditional intercourses with ditto foreplay. It is also supported by that all the participating women, as well as the men rated the alternative that the next intercourse would take place in the kitchen during the day, on the upper half of the ranking scale, see table 1. But the women rated the more traditional proposals: *Foreplay on the couch and final in bed*, and *In bed before falling asleep* higher than men.

Table 1. Where would the participants prefer to have sex? The result where the correlation between the sexes was lowest is highlighted in red.

If you could choose where the next intercourse with a permanent partner would take place, rate (9 = best).	Participant number:										Both
	Men					Women					sexes
	1	2	3	4	Average	5	6	7	8	Average	Average
Foreplay on the couch and final in bed.	4	8	4	7	5,8	9	9	7	4	7,3	6,5
In bed before falling a sleep.	3	4	3	8	4,5	6	7	9	8	7,5	6,0
In the kitchen during the day.	5	9	8	9	7,8	5	8	6	9	7,0	7,4
In a bathtub.	2	7	6	4	4,8	4	5	5	5	4,8	4,8
In a parked car.	9	6	1	5	5,3	3	3	4	6	4,0	4,6
While you are driving a car.	1	2	7	1	2,8	1	1	1	1	1,0	1,9
While your partner is driving.	8	1	2	2	3,3	2	2	2	2	2,0	2,6
Out in the nature.	6	5	9	6	6,5	8	6	8	7	7,3	6,9
Out in an urban area.	7	3	5	3	4,5	7	4	3	3	4,3	4,4

In reality (Sifo, 2002: Project 3825160) over 95% of us usually have sex in the bedroom and the majority apparently fantasize most about having sex in the bedroom (52% of men and 51% of women). Other spaces in the home, including the kitchen, only 12% of men and 9% of women fantasize about having sex in. The remaining 36-40% of the respondents said, however, that they did not know where in the home they would like to have sex. Sifo results thus indicate that to suggest a quickie in the kitchen is not a given winner.

Both the men and the women in average rated the option: *Out in the nature*, high on the scale. It suggests that such proposals may become popular. In addition, the participants were asked if they feel that a particular risk of being caught in the act makes it extra exciting and the majority (5 persons) felt that this is the case. Though despite that, almost a third of us have never had sex outdoors (YouGov, 2010) and less than half (45%) have had sex in a place where there is a high risk to get caught in the act. Which implies that neither such proposals are given winners.

## Background music and lighting

In the world of porn films the light, for obvious reasons, is never turned off. But I've seen in at least one "normal" movie how the woman turns off the lamp and the man turns it on again, several times. Probably to convey that the woman did not want to be seen in her nakedness, while the man wants to watch her. And the participants seem, to some extent, to agree with that, since all the three men who responded ranked the option *It is dark*, the lowest. While more women than men rated *Many lamps are lit*, the lowest. The majority, however, preferred that the room is slightly illuminated, as 5 out of 7 rated one of the options *Some candles burn* or *The bed light is lit*, the highest.

Most also seem to prefer that it is silent or nearly silent and calm, as they ranked its *quiet*, its *quiet in addition to the night's usual sounds*; *Weak and soft music in the background* above the options containing noisy music.

Thus one should probably take a chance and leave the ceiling light on and/or put on rock music if you are about to have sex with someone whose preferences you don't know.

Table 2. Is it to be dark and quiet, or bright and noisy? The options that got the highest average ranks are crossed with yellow.

What do you generally prefeer, rate (5= best)?	Participant number:										Both
	Men					Women					sexes
	1	2	3	4	Average	5	6	7	8	Average	Average
It is dark	-	1	1	1	1.0	2	2	3	4	2.8	2.0
A few candles are burning	-	4	5	2	3.7	5	5	1	1	3.0	3.3
The bed light is on	-	3	4	4	3.7	4	3	5	5	4.3	4.0
No lights are lit but the room is slightly illuminated by the lights of the night	-	2	3	5	3.3	3	4	2	3	3.0	3.1
Many lamps are lit	-	5	2	3	3.3	1	1	4	2	2.0	2.6
It is quiet	-	5	3	1	3.0	3	3	4	4	3.5	3.3
It's quiet in addition to the night's usual sounds	-	4	4	2	3.3	4	4	5	5	4.5	4.0
Weak and calm music in the background	-	3	5	4	4.0	5	5	1	3	3.5	3.7
Weak but noisy music in the background	2	2	2	3	2.3	2	2	3	1	2.0	2.1
High and noisy music in the background	1	1	1	5	2.0	1	1	2	2	1.5	1.8

## Noise during the sex act

Judging by porn films, men prefer to be quiet during the act, while women prefer to moan and scream. Is that the reality? The results suggest that there is some truth in that, at least if the purpose of the movies is to please men. This since three of the men prefer that she cries a bit even before her orgasm and nobody wants her to not scream at all, but only one of the men like to shout himself before the ejaculation. In addition, three of the women prefer that the men don't scream. But no one seems to be fond of sex act in which a participant screams all the time, no matter who it is.

Regarding moaning it was more egalitarian in that the majority, regardless of sex, wants that the partner moans a bit even before the orgasm. Though no one likes that he/she moans all the time. And there are more people who want that the partner moans than those who want to moan themselves.

In summary, it likely that to moan every now and then during an intercourse will be successful for a girl, it can also pay off to cry a little. But one does not need to feel compelled to moan just because the partner does, since he or she may do so only for his/her own enjoyment's sake.

Table 3. Sounds meanwhile the intercourse ongoing.

<i>Do you prefer to:</i>	Concerning themselves:		<i>Do you prefer that your partner:</i>	Concerning the partner:	
	Men	Women		Men	Women
Not scream	2	3	Not scream	0	3
Scream only when you comes	1	0	Scream only when he/she comes	1	0
Scream also during the act	1	1	Scream also during the act	3	1
Scream the whole time	0	0	Scream the whole time	0	0
Be quiet	0	1	Is quiet	0	0
Moan only when you comes	2	1	Moan only when he/she comes	1	1
Moan also under the act	2	2	Moan also under the act	3	3
Moan the whole time	0	0	Moan the whole time	0	0

The results suggest that there are more people who like to talk a little during an intercourse compared with being quiet. Hopefully those who claimed that they like to talk, do it because it gives them pleasure or amusement. Instead of that they do it for the partner's sake. The majority also like that the partner talks, as long as it is about the intercourse. Like that he or she says that its good, says sexy words or tells about their desires for the moment.

Thus, it seems like a good idea to talk about the sexual act while it is in progress. But you should not feel forced to do it just because the partner is talking, since the talking might be something that gives the speaker pleasure.

Table 4. Talking while an intercourse is going on.

<i>Do you prefer to (multiple simultaneous choices are possible):</i>	Concerning themselves		<i>Do you prefer that your partner (multiple simultaneous choices are possible):</i>	Concerning the partner	
	Men	Women		Men	Women
Not talk	0	2	Not talk	0	1
Say that it is good	2	2	Say that it is good	1	3
Say sexy words	2	1	Say sexy words	3	1
Say what you want your partner to do	4	2	Say what he/she wants your to do	2	2
Talk about anything	0	0	Talk about anything	0	0

## Caressing and kissing

One of the most famous authors of factual books about intimacy, Francesco Alberoni states in **I Love You** (Alberoni F, 1996):

*The woman wants to make love when she is rested, when she has plenty of time ahead of her. And before the act she needs to be caressed with, and then the desire comes. Afterwards she likes to linger and chat in the semi-darkness, surrounded by her beloved. The man on the other hand has another mental pattern. He wants to take her suddenly, even with force, even if she is tired and says no. He is convinced that she likes the game, she is just as excited as he is. He is convinced that her refusal is a relic of childish shyness. Therefore, he insists. She tries to make him understand what she wants by hints, in a symbolic way. But she has no success.*

A substantial majority of the participating men, however, said that they like to both give and receive caresses on the genitals and surrounding areas (table 4). The feet, lower legs and arms were less interesting in this context. These results are also supported by research conducted by the National Public Health Institute (Folkhälsoinstitutet 2000: 17) which shows that 59% of the men and 72% of the women were stimulated by their partners hand on their genitals at the last sexual intercourse. The difference between the sexes that the National Public Health Institute points out, does not mean that men in general like caresses less than women. The difference may be due to that many women have difficulty reaching orgasm from intercourse alone (Nordeman, M., 1992). Furthermore, it is technically much easier to stimulate a woman than a man during an ongoing intercourse. Judging from the responses in this survey, most also likes to give and receive kisses on and around the genitals.

Table 4. The number of respondents who likes to get and give caresses and kisses on various parts of the body.

What do you think about?:	Gettting		Giving	
	Caresses	Kiss	Caresses	Kiss
Fets and lower legs	2	2	3	2
Inner thighs	6	6	7	5
Buts	7	6	7	6
Scrotum/outside the vagina	7	7	7	8
Penis/vagina	7	7	7	7
Stomach	4	4	5	6
Breasts	6	6	6	6
Arms	4	4	4	4
Face	5	8	5	8

Based on the results, it is reasonable to believe that it will be prosperous to touch and/or kiss the genitals. And if the partner does, it is probably because he/she likes it. Not because he/she "sacrifices" for you to have a good time.

In addition, the participants were asked to freely answer the question: *How do you want to be touched on your genital?* And the results (table 5) suggest that men want to be caressed softer than what women want. Since all men except one said anything about soft, but two of the women used the word "hard" and only one said that she wants to be petted softly.

Table 5. About how we want to be touched during sex.

<i>How do you want to be touched on the genitals?</i>	Men	Women
Start soft end harder	1	0
Softer with age	1	0
Soft	1	1
Hard/pretty hard	0	2
Variating	1	1

## Oral sex

Vaginal intercourse is the predominant form of sex (Folkhälsoinstitutet 2000: 17), since more than nine out of ten fucked vaginally the last time they had sex. And if the choice is between normal sexual intercourse and oral sex, almost all the participants in this study choose the former (table 6). Despite that, all liked oral sex. One reason for this could be that many of their partner's maybe hasn't been so good at satisfying them orally. Something that, at least I, has heard quite a few men say. For example, it seems to be a lot of girls that make it so that the mouth and the penis is hidden, which obviously takes away some of the male pleasure of it. If it is generally the case that we are poor in satisfying each other with our mouths, it may be because we have different sex. A support for the "theory" is that guys I knew who been given a blow job by both men and women claims that men are technically better at it than women. How it is for women I do not know because I haven't asked. If the "theory" is true it indicates that we should try harder to communicate about this. As a first step on the road to greater knowledge, I can tell you that the majority (three men and two women) of the participants<sup>2</sup> wants variation in how their partner uses the mouth and tongue. The responses also indicate that women wants, which also goes for stimulation using hands, to be stimulated harder than what men wants, since two of the women stated that they would like to be licked hard.

Table 6. The participants' opinions about oral sex.

<i>What is most according to your taste? (several choices possible):</i>	Men	Women
I dont like oral sex	0	0
I like oral sex as a part of the fore play but not the whole way	1	3
I like it but if the chice is between intercourse and oral sex, i prefeer intercourse to orgasm	3	2
I like and if the chice is between intercourse and oral sex, i prefeer oral sex to orgasm	0	1
I prefeer to give oral sex rather than getting it	1	2
I prefeer to get oral sex rather than giving it	1	1

<sup>2</sup>. The question was: How do you want your partner to do with his/her mouth and tongue?

## Shaved or natural

Women want for themselves to be shaved under their arms (4 of 4, table 7) and most (3 of 4) also want their legs to be shaved. But none of the women want to be completely shaved in the genital area. One of them expressed her opposition against this so that she would feel "paedophile warning" for a man who wanted to see her genital area completely shaved. Three of the women like however be shaved with a retaining bush at the front. For men, they had more modest wishes. In addition to that three of them prefer that he has shaven his face, there were only one who wants him to also be shaved in the genital area. The majority of the men want to have their hair left, apart from in the face (4 of 4). One of the four, however, likes to be shaved under his arms and in his genital area. The men prefer that women are shaved under their arms and on their legs (4 of 4) and in the genital area (4 of 4). The difference between the sexes is thus quite clear. Both men and women want women to be more shaved than men, aside from in the face. And it is easy to understand considering that we reasonably are attracted to the physically distinctive details. Women thus are probably, to a greater extent than men, attracted to muscles, penis and body hair. While men are probably more attracted to prominent breasts, curvy waist and buttocks, vagina and less hair on the body.

Thus, it seems fruitful for a woman to at least shave her armpits and legs and possibly also her genitals, while men maybe should avoid shaving other body parts than their face, if the aim is to please someone whose taste is unknown.

Table 7. The participants' preferences regarding body hair.

Concerning you	Men	Women	Concerning your partner	Men	Women
You have all hair left	0	0	Your partner have all hair left	0	1
You are shaved in the armpits	1	4	Your partner have shaved armpits	4	1
You are shaved in the face	4	1	Your partner is shaved in the face	2	3
You are shaved on the breast	0	0	Your partner is shaved on the breast	2	0
Your legs are shaved	0	3	Your partner have shaved legs	4	0
Your genitals are shaved but there is a little bush in front	1	3	Your partners genitals are shaved but there is a little bush in front	3	1
Your genitals are completely shaved	1	0	Your partners genitals are completely shaved	1	0

## What we would like to do

We've all probably wishes we'd like to get satisfied in bed and other things that we absolutely do not want to do and additionally other things that we can do for our partner's sake. The interviewees were faced with a number of variants and according to the results (table 8), it is, especially as a man, not a good idea to mix in a third person. In addition, the results suggest that women like to be caressed in the anus when they have sex, and that men do not mind doing it. The contrary, however, is apparently not as popular. Regarding striptease and anal sex the opinions are mixed, but you may find that a fairly large proportion of both men and women are in favour of this. Which I think may be an effect of there was so few participants. But nevertheless the results clearly show that there are those who like it.

It thus seems to be quite a good chance that anyone can accept to fulfil the desires that are listed in the table, except those involving a third person.

Table 8. The percentage of the participating men or women who would like to do the suggested thing, who would not, and how many that are willing to do it if the partner very much wants to (the Ok option).

<i>What would you like to do with your partner?</i>	Men				Women			
	Yes	No	Ok	Yes + ok	Yes	No	Ok	Yes + ok
Having threesome with my partner and another person of my gender	1	2	1	2	0	4	0	0
Having threesome with my partner and another person of my partners gender	1	3	0	1	0	4	0	0
Have anal sex	2	1	1	3	2	2	0	2
That my partner caress my anus during the act	2	0	2	4	4	0	0	4
To caress my partners anus during the act	2	0	2	4	2	2	0	2
To shave my partners genitals	3	0	1	4	1	2	1	2
See my parter strip	4	0	0	4	1	2	1	2
Strip myself	2	2	0	2	1	2	1	2
See my partner having sex with someone else	0	4	0	0	0	4	0	0
Have sex with someone else while my partner is watching	1	2	1	2	0	4	0	0

## What makes us horny?

It is likely that we all sometimes are more horny than usual. When and in what situations this occurs, appears to be very individual. According to the responses (table 9) is for some people linked to a particular time of the day and for others it has to do with the seasons, alcohol intake, or the menstrual cycle. One of the men said that he is hornier after lunch, but none listed the evening or morning. Even though men sometimes are considered (Klein S, 2008) to have a greater desire to have sex in the morning when they wake up, because they then excreted large amounts of the male hormone testosterone. And none of the women mentioned alcohol. Despite the fact that it, according to my experience, makes a big difference.

A bias factor in the responses may be that the respondents were free to answer the question in the table header. If the question had instead been accomplished with fixed responses like: on a vacation, when in love, when I'm drunk, it is reasonable to believe that several had answered yes to at least one of these responses.

This given how people can behave when they are drunk, and apparently more children are born nine months after the summer holidays, as well as how much more sex couples have in the romantic phase compared to later in a relationship.

But when one's partner is hornier than usual we will hopefully get aware with time even if the question is never posed. However, it may be useful to bear in mind that it might differ from person to person.

Table 9. The participants' free responses to the question when they feel hornier than usual.

<i>When are you hornier than usual?</i>	Men	Women
In spring (has to do with the light)	1	0
After lunch	1	0
When i've been drinking alcohol	1	0
When in love and on vacations	0	1
During about a week after menstruation	0	1
In the mornings	0	1
Before and during menstruation + during pregnancy	0	1
Dont know	1	0

It is probably also possible to awake the partner's lust through, for example: dressing in a certain way, showing a certain body part, or starting a porn video. On a question about the former: *Is there a particular variant of a garment or a way of dressing that turns you on?* Two of the men answered: *short dress, one mentioned clothes showing her breasts and another one said stay ups*. I.e. information that probably is common knowledge for most women. The opposite is, however, for me unfortunately unknown and judging by what my male friends said about it, there is among us a lack of knowledge about this. It can be due to several things such as:

- Women may not show as clearly what they think is sexy, because they have learned not to glare on a particular body part.
- They are, in this aspect, more complex than us men.
- Men are less interested than women in finding out how they should dress to be sexy.

The participating girls gave no greater guidance either, since they responded: *no; jeans that fit well; stylish underwear; suits, preferably made of silk; he must have style without being showy*.

If it is generally the case that we men less than women know how to dress to turn women on, and girls "suffer" from that we look un-sexy, this gender difference is probably negative for both sexes. And to improve the situation, I think the female sex has to collectively speak out in this issue.

Concerning the possibly sexy body parts, the answers were similar. In the sense that men fairly uniformly pointed out the lower part of the body, i.e. on the question: *Is there a body part that you become very excited to see?* Answered: *ass/butt* (1 answer); *thighs* (2 replies); *long legs, narrow butts* (1 reply). Women's responses sprawl much more: *no; the whole body, abdomen, face, hips, and hands*. Oddly enough, it was just one who mentioned the genital areas. Maybe it is because when it is exposed one is either already horny, or sex is out of the question, since the naked partner is in the shower and in a hurry to work.

The last of the above proposed ways to make someone horny, watching porn together, may not be as successful, since it probably require some horniness from the beginning to want to do this.

Additionally, it may be sensitive to show to ones partner that one gets horny by seeing others having sex. Finally, I have heard some people say that they do not get turned on by such films. But a clear majority (seven of the participants) claimed that they certainly get horny of porn (the question was: *Do you get horny by porn (given that it is in your tastes)?*) So it is reasonable to believe that a proposal to look at porn has good chances to be received well.

## To enjoy and orgasm

One idea I had carried with me from my teens is that we guys are more fixated on having sex than girls are. But with age, I have become more and more doubtful that it is altogether true. The participating men seem, judging by the responses (table 10), also to share my doubts. The women, however, had pretty much the perception that it is so. The gender difference may be due to that men's sexual prowess is reduced by approximately 30% between age 25 to 40 years of age (Leander G, 2004), because the testosterone production decreases. Which women might not be as aware of as men? The results can also be interpreted so that we believe the partner is enjoying it more than we do.

The issue where both sexes were reasonably consistent was that it is more important for him to have an orgasm. And according to the National Public Health Institute (Folkhälsoinstitutet 2000: 17), it is also more common for men than woman to get it (at the last intercourse, 71% of men and 62% of women had an orgasm). Though it's not always easy to know if your partner had an orgasm or not. But according to the men surveyed in the National Public Health Institute study, the men thought that 59% of their partner's had an orgasm and according to the women 76% of the men ejaculated. Suggesting that people in general have a pretty true picture of the situation in this aspect.

Table 10. Who enjoys sex the most?

Who generally enjoys most:	Men					Women				
	She	He	Both	Nobody	Dont know	She	He	Both	Nobody	Dont know
To think about sex	0	0	1	0	3	0	3	1	0	0
To know that there will be sex	0	2	2	0	0	0	3	1	0	0
To know that there will be forplay	2	0	2	0	0	3	1	0	0	0
The intercourse before the orgasm	1	0	2	0	0	1	3	0	0	0
During orgasm	2	0	2	0	0	2	1	1	0	0
After orgasm	3	0	1	0	0	2	1	0	1	0
For who is it the most important to have orgasm	1	3	0	0	0	0	3	1	0	0

It probably has some significance for both parties, where and how an orgasm comes. My experience is that for girls, the question is not as complex as those that have an orgasm from the intercourse movements alone prefer to just fuck until they reach orgasm. While those who need to be helped with fingers are happy to do it themselves or that the partner does it. They ultimately who does not have orgasms during intercourse appears to accept it. For men, the options are slightly more, both in terms of the way to ejaculation and the ways to deal with the results. In order to, to some extent investigate which ways people prefer, the participants were asked to rank some alternatives (table 11). The traditional ejaculation in the mouse is undoubtedly the most popular among those interviewed. But the guys on average ranked option that has to do with the mouth or anus higher than the girls. While girls rated ejaculations on their body higher than boys. However, among the girls there was a larger variation than among the men, suggesting that they, also in this area, have a more individual standpoint than us guys.

Table 11. Best ejaculation. That which was ranked on average the highest, and also the most similar, is highlighted in yellow.

<i>The best ejaculation. Rank (7=best)?</i>	Participant number:										Both
	Men					Women					sexes
	1	2	3	4	Average	5	6	7	8	Average	Average
In the mouth and then spit it out	6	5	-	4	5.0	2	4	3	2	2.8	3.7
I the mouth and then swallow	6	6	-	6	6.0	1	3	1	5	2.5	4.0
In the vagina	7	7	-	5	6.3	7	7	7	7	7.0	6.7
In the face	2	2	-	2	2.0	4	5	2	4	3.8	3.0
On the body	3	3	-	3	3.0	5	6	6	6	5.8	4.6
In the anus	5	4	-	7	5.3	3	1	5	3	3.0	4.0
On an object	1	1	-	1	1.0	6	2	4	1	3.3	2.3

## Spanking

I think some are excited to be smacked on the ass during intercourse. It is also confirmed by two of the girls (table 12), but all four guys said that they do not like it. However, almost all participants can accept to give spanking, if the partner wants it and most even think that it, in that case, is exciting.

The results thus indicate that women should not take a chance and do some spanking on the buttocks during the intercourse, but there's a pretty good chance that it will be successful if the man does it.

Table 12. The participants' views on spanking.

<i>Your view on getting/giving spanking on the ass during intercourse.</i>	Men	Women
I don't like to spank someone	0	1
I don't like to spank but if my partner wants it I do it for him/her	1	1
If my partner likes it I think it is sexy	2	2
I like to spank	1	0
I don't like to be spanked	4	1
I don't like to be spanked but if my partner wants to do it I do it for him/her	0	0
I don't like to be spanked but if my partner wants to do it I think it is sexy	0	1
I like to be spanked	0	2

## Dominating or not

Again in the world of porn, it seems, in my experience, to be that men are dominant and women submissive. Is it that how we generally wants it? Yes, the responses suggest that, since three of the girls said they prefer that he decides (table 13).

Table 13. Who should decide? Participants were asked to answer freely and responses could be categorized into the following four groups.

<i>If the choice is between that you or your partner decide what should happen during the intercourse, what do you choose?</i>	Men	Women
Me	1	0
The partner	1	3
Variated	2	0
Dont know	0	1

## Hard or soft

Finally the participating was asked what they think is the better of the two options: *if the penis is pushed hard or soft into the vagina?* All the girls responded *hard* but two of the men said *softly* and the other two said something like: *Depends, both are good at the right time.*

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